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# Art Therapy Supervisor Professional Disclosure Statement

**Supervisor:** Shan Ru Lin, M.A, ATR-BC, LCPC, ATCS

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## **Education:**

Advanced Psychotherapy Fellowship

The University of Chicago, 2020

Fellowship

Chicago Psychoanalytic Institute (Psychodynamic psychotherapy), 2018

Fellowship

Chicago Center for Psychoanalysis (Psychodynamic psychotherapy), 2016

M.A - Drexel University (Creative Arts in Therapy), 2010

B.F.A. – The University of the Arts (Concentration in Art Therapy), 2006

## **Credentials:**

Licensed Clinical Professional Counselor, Illinois #180.011473

Board Certified Art Therapist, ATCB #14-121

Art Therapy Certified Supervisor, ATCB #14-121

Certified Sexual Assault Counselor

Myers-Briggs Certified Practitioner

**Trainings:**

- *Art Therapy Supervision* – 30+ NBCC approved credit hours in continuing education on clinical supervision.
- *Women Organized Against Rape* – Trauma-focused, Sexual assault counseling
- *Pennsylvania Clinical Schools* –Residential treatment for adolescent male students
- *Abington Memorial Hospital, Psychiatric Unit* – Inpatient psychiatric setting
- *Hahnemann Hospital, Psychiatric Medical Care Unit* – Inpatient psychiatric setting

**Professional Experiences:**

- *The School of the Art Institute of Chicago* – Course Instructor, Art Therapy Assessment and Counseling Evaluation
- *ATR Supervision Private Practice*– Supervise professionals for ATR licensure.
- *Sarah’s Circle* – Social Service, homeless shelter for women, open studio, community-based practice, clinical supervision
- *MacNeal Hospital* – Inpatient/outpatient psychiatric, partial hospital
- *Easter Seals*– Head-start program for children, trauma-informed care

**Affiliations:**

*Art Therapy Topic Expert*, United States Department of Labor

*Exam and Credentialing Committee*, Art Therapy Credentials Board

**Philosophy and Theoretical Approach to Supervision:**

Clinical supervision is an important professional development process where we learn to take care of others as mental health professionals. Clinical supervision is a place for growth, discussion, reflection, and learning. I work from a relational perspective where I see the relationship with my supervisee as an extension of care for the clients. I reference research, literature, and ATCB code of ethics as part of my teaching tools. I focus on helping self-motivated new professionals thrive in variegated professional environments with the vision of them succeeding in the settings they are in. I see my responsibility to supervisees as part of my commitment to the integrity of the art therapy profession. To that end, I am both a guardian and a gatekeeper to art therapy professional ethics and standards.

I am also interested in developing new practice models for today's clinical environment; to that end, I help supervisees think critically about their clinical work in the context they practice in. Afro-centrism/Euro-centrism, racism, classism, oppression and privileges are topics of discussion on a regular basis. New, innovative approaches in art therapy including the use of nature, eco-art therapy, material-based practice, technology and new media are potential learning areas to be explored in ongoing supervision. Supervisees who are ready to take their learning, humility, and self-awareness to another level are encouraged to apply.

**Supervision format:**

New professionals should have onsite supervision with at least one other licensed mental health professional at their place of work. Onsite supervision should happen every week to ensure professional development. This group is considered supplemental supervision for ATR license and art therapy skill development. Due to the Covid-19 pandemic, the supervision group will be using online meetings as

the primary meeting format. Every meeting is 2.5 hours every two weeks. Supervisees are encouraged to ensure proper internet and computer equipment to productively engage in online group supervisions. Supervisees are expected to have their own art materials to be part of the art therapy supervision processes. Occasionally, outdoor meetings may be arranged to allow face-to-face opportunities, weather permitting. When the pandemic is over, in-person, indoor groups may resume.

**Fee:**

The fee for the group supervision is \$75 for 2.5 hours every two weeks in a group of more than three supervisees online and or in local Chicago, Uptown/ Ravenswood area. Free parking is offered for in-person supervision; the location is also walkable from Brown line CTA train, Metra Ravenswood station, and Lawrence or Damen Bus. Individual supervision rate is \$100 an hour. Additional rate may vary based on travel requirements for remote/site supervision, site visits.

**Covid-19 Prevention Safety:**

This supervisor had achieved 100% covid-prevention for her clients and supervisees over the first year of the pandemic. This includes in-person services. The supervisor is fully vaccinated as of April 2021. Supervisees are encouraged to follow all CDC guideline and Covid-19 prevention protocols to ensure the health and safety of self and others. Supervisees are encouraged to receive Covid vaccine. In the event that in-person meetings are to resume, the supervisor reserves the rights to limit only those who followed CDC guideline and received vaccines to be part of in-person, indoor, group supervisions.

**Supervisee Responsibilities:**

Supervisees are responsible to read all Art Therapy Credential Application rules and guidelines to determine the set of regulations, expectations, documentations, supervision hours, and clinical hours necessary for their Registered Art Therapist (ATR) credential application. When supervisees are unclear about rules and regulation regarding their ATR application, supervisees should contact the Art Therapy Credentials Board. Supervisees are responsible to track and document their own clinical hours, supervision hours, and all necessary clinical experiences that will support their ATR applications. Due to the changing rules of ATCB and diverse professional backgrounds of supervisees, the supervisor is only be able to verify supervision hours provided.

In the event that a supervisee became personally challenged to engage in their clinical work, the supervisee is encouraged to seek outside psychotherapy and counseling to resolve personal issues so to not negatively impact their clinical work and their clients.

The supervisees bear the responsibility for the successful application of their ATR credential.

**Group life cycle and terminations:**

This group is designed to be consist of regular, same members with as little fluctuation as possible. This is for group cohesion, confidentiality, and most productive relationship building between members. Members may terminate or stop at any time. Upon termination, members will be entitled to supervision hours attended to be counted toward their licenses. In extremely rare events, this supervisor may refer the supervisee to another supervisor in the event that such

referral becomes necessary. No such steps will be taken without prior discussions with supervisee.

### **Grievance Procedure:**

Challenges in supervision relationships are potential experiences and common in a professional's developmental process. Supervisees are encouraged to practice interpersonal problem solving, conflict resolution, honesty, assertiveness, and collaboration in the process of becoming a human service professional. By seeking supervision at Spring Advisory, PLLC, the supervisee is acknowledging and accepting the responsibility for the following. The supervisee will contact the supervisor at the earliest sign of potential supervision problems. The supervisee and supervisor may clarify the issue to resolve the issue together at the best of both of their abilities. This may include a problem solving, conflict resolution process where both were able to hear the other's perspectives fully. All parties should do everything they can to come to a resolution. All parties should exhaust all possibilities to communicate with one another until no uncertainty of the other's intent, ideas, language, questions, assumptions, cultural meanings, is left to explore. All parties should be able to acknowledge a complete understanding of the other's intent, language, meaning, communication, cultural implication by the end of their fully explored, joint discussion. All parties should exhaust all possibilities to try to come to a point of clarity.

After engaging in reasonable problem solving and properly explored all possible avenue of conflict resolution, mediation, sharing of concerns, should the supervisee still feel concerned of their experience with the supervisor, the supervisee can take the following steps to resolve the issue.

1. Ask for a referral to join another supervision group, or,
2. Contact another credentialed art therapy supervisor for a second opinion.

3. If the supervisee was not satisfied after consultation with the second credentialed art therapy supervisor, supervisee should contact a third credentialed art therapy supervisor for a third opinion.
4. When the issue cannot be resolved following the above steps, and when the event is relevant to the professional governing body of the art therapy profession, the supervisee can consult the procedure advised in ATCB code of conduct and ethics.
5. In the event that the supervisee was not satisfied after consulting with ATCB rules and regulation, supervisee is advised to contact ATCB for further consultation at:

Toll Free: 877.213.2822

Phone: 336.482.2858

Fax: 336.482.2852

Email: [atcbinfo@atcb.org](mailto:atcbinfo@atcb.org)